



Charles N. Agree Outpost
Personal Equipment Glossary

Please read for details about the gear necessary for a wonderful summer!

- Hiking Boots Boots MUST come up OVER the ankle bone. Boots must have good ankle support and be well-broken in before camp starts. Low-cut day-hikers are NOT acceptable as hiking boots.
- Daily Wear Shoes Must have at least one pair of closed-toed shoes for daily wear. Sandals may be worn to the shower and to the beach.
- Wet Shoes Must Have:
Closed-Toed
Significant tread and support
Uppers must be all canvas and cover the entire foot
Shoe must LACE up
*Converse All Stars or an old pair of athletic shoes are a great choice.
These shoes will always be wet and will probably be discarded at the end of the summer.
- Hiking Socks Synthetic “wool” are recommended. SmartWool or Thorlo are fabulous. Sock liners are only needed if you are wearing natural wool.
- Lightweight, long-sleeved work shirts
Great for keeping away bugs and sunburn on trips. MUST button down and be 100% cotton.
- Hiking Pants Durable, light weight material that will dry quickly. Must reach the ankle (no capris). Zip-off pants are a plus but not required.
- Rain-suit ABSOLUTELY ESSENTIAL to insure health and comfort in bad weather. RAINCOAT must have a hood with a drawstring and/or snaps. RAIN PANTS should have an elastic waistband and snaps or elastic at the ankles. The material must be “Coated Nylon” that will breathe.
- Fleece or Wool Sweater
Fleece and wool are both warm even when wet and thus essential to safety in the backcountry. A crew-neck 100% wool or fleece pullover is a required item on all back-country trips.
- Thermal Underwear ABSOLUTELY NO COTTON. Polypropylene or Capilene are idea. Ask at any camping store.

- Sleeping Bag If you are purchasing a new bag, keep this in mind:
- 1) Bags should have a 20°F temperature rating or lower.
 - 2) The bag should be filled with synthetic material such as Holo-fill, Polar Guard, Qualo-fill, Polyfill, etc.
 - 3) Cotton and Goose down bags become heavy and lose their insulation properties when wet. DO NOT get this type of bag.
 - 4) A nylon stuff sack with a drawstring is required. MAKE SURE YOUR BAG FITS INTO YOUR STUFF SACK PROPERLY.
 - 5) Once stuffed, your bag MUST NOT exceed 10"x22". Smaller than this is great. Most bags weigh between 2-3 pounds.
- Nylon Stuff Sack These will be used to pack for trips. Medium sized sacks with drawstrings make for an easier time fitting lots of things into small-ish packs. Sleeping bags must have a stuff sack.
- Sleeping Pad A simple foam pad is sufficient. RidgeRest and Ensolite make a basic pad that is very comfortable. Inflatable pads are not recommended.
- Utility Straps Used for strapping things to other things and have 1001 uses in camp and the backcountry. Straps that are 18"-24" x 1/2" are recommended.
- Side Loading Duffel Space is limited at Agree, therefore each camper is limited to one duffel. Sleeping bags, pillows, and hiking boots DO NOT have to fit in the duffel.
- Water Bottles At least two 32oz. (1L) bottles are required. Nalgene brand is recommended. Please DO NOT buy the Cyclone brand often sold as an option because they do not fit in our packs.
- Bug Repellent NO SPRAY CANS ALLOWED. A strong concentration of DEET is needed. Controlled Release DEET by Sawyer Products or Muskol in cream form is the recommended brand.
- Biodegradable Shampoo/Conditioner Please check the back of the bottle for the label "Biodegradable." Most products labeled "Natural" are not biodegradable. Check your local food co-op for good brands.
- Biodegradable Soap Dr. Bronner's or Campsuds are the only soaps we will be using in the backcountry. The soaps are highly concentrated, so a small bottle will be sufficient.

PLEASE IDENTIFY ALL PERSONAL ITEMS AND EQUIPMENT

Please do not bring watches, clocks, MP3 or CD players, cell phones, GameBoys, PSP's, electronic games, makeup, jewelry, blow dryers, etc. Our policies were discussed at your interview.

As always, please feel free to contact Amit Weitzer with any questions or concerns
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